



# Spring Schedule

## April 2, 2024 to June 27 2024

INFORMATION	
Payments:	Online Registration only
Private Lessons:	Must be booked with an Inlet Coach before registering
Buy On:	Doesn't include Group Classes.
Off Ice:	Please bring, runners, a yoga mat and water
Skating Academy:	Skating skirt/dress, tights, sweater & helmet
CanSkate:	Must have own skates, CSA helmet & gloves

Planet Ice: 2300 Rocket Way, Coquitlam, BC  
 Inlet: Port Moody Rec Centre, 300 Ioco Road Port Moody, BC

Monday	Tuesday		Wednesday	Thursday	Friday *	Saturday
			Planet Ice Open 2:30 - 3:30		TBD	Inlet Junior
Inlet	Planet Ice Open 2:45 - 3:45	Inlet Junior 3:30 - 4:00 Development	Planet Ice Senior/Intermediate A 6:00 - 6:15am Development		Planet Ice Open 2:45 - 3:45	Planet Ice Senior/Intermediate A 6:00 - 6:15am Development
Canskate 3:30 - 4:15	Senior/Intermediate A 4:00 - 4:45 Freeskate	Senior/Intermediate A 3:30 - 4:30 Freeskate	Senior/Intermediate A 4:30 - 4:45 Development	Inlet Junior/Int B 3:30 - 3:45 Development	Senior/Intermediate A 6:15 - 7:45am Freeskate	Planet Ice Senior/Intermediate A 6:15 - 7:45am Freeskate
Ice Clean	Senior/Intermediate A 4:50 - 5:20 Off Ice	Junior 4:00 - 4:45 Freeskate	Senior/Intermediate A 4:30 - 4:45 Development	Inlet Junior/Int B 3:45 - 4:30 Freeskate	Senior/Intermediate A 7:45 - 8:45am Freeskate	Planet Ice Senior/Intermediate B 9:30 - 10:15 Off Ice
Junior 4:30 - 5:00 Development		Junior 5:00 - 5:45 Off Ice	Senior/Intermediate A 4:50 - 5:20 Off Ice	Inlet Junior/Int B 3:45 - 4:30 Freeskate	Senior/Intermediate A 7:45 - 8:45am Freeskate	Junior 8:00 - 8:30 Development
Junior 5:00 - 5:45 Freeskate		Junior 5:45 - 6:15 Off Ice		Inlet Junior/Int B 3:30 - 3:45 Development		Junior 8:30 - 9:15 Freeskate
Junior 6:00 - 6:45 Off Ice		Junior 6:15 - 6:45 Off Ice		Inlet Junior/Int B 3:45 - 4:30 Freeskate		Junior 9:30 - 10:15 Off Ice
Ice Clean		Junior 6:45 - 7:15 Off Ice		Inlet Junior/Int B 4:45 - 5:30 Off Ice		Junior 10:15 - 10:45 Off Ice
Intermediate B 5:00 - 5:45 Off Ice		Junior 7:15 - 7:45 Off Ice		Inlet Junior/Int B 3:30 - 3:45 Development		Junior 10:45 - 11:00 Off Ice
Intermediate B 6:00 - 7:00 Freeskate		Junior 7:45 - 8:45 Freeskate		Inlet Junior/Int B 3:45 - 4:30 Freeskate		Junior 11:00 - 11:30 Off Ice
Intermediate B 7:00 - 7:30 Development		Junior 8:45 - 9:00 Development		Inlet Junior/Int B 4:30 - 5:15 On Ice		Junior 11:30 - 12:15 Freeskate
Intermediate B 7:30 - 8:15				Inlet Junior/Int B 5:30 - 6:00 Off Ice		Junior 12:15 - 12:30 Development
Open 7:30 - 8:30						Junior 12:30 - 1:30 Freeskate

**IMPORTANT DATES FOR ALL SKATERS**

*Apr. 2, 2024 - First day of skating at Inlet & Planet Ice*  
*May 18, 2024 - No skating*  
*May 20, 2024 - No skating Victoria Day*  
*Jun. 7, 2024 - Inlet Banquet (TBD)*  
*Jun.21, 2024 - Inlet Star Competition & Last day of skating at Inlet*  
*Jun.27, 2024 - Last day of skating at Planet Ice*

\* Please note Friday arena location is subject to change and we may be at Planet Ice or Inlet. This will be determined on a monthly basis.

\*Off Ice with an "\*" beside the time, is an additional cost which will be billed pivotley by the coach

Junior	Competing: Star 1-3 (First Year Skaters & Competitors, Single Jumps) **Must skate a minimum of 2 days a week
Int B	Competing: Star 3 & 4 (Working on/landing an Axel) **Must skate a minimum of 3 days a week
Int A - Director Approval	Competing: Star 5 & Up (Working on/landing Doubles) **Must skate a minimum of 4 days a week
Senior Director Approval	Competing: Star 5 - 10, Pre Juvenile & Up (Double/Triple Jump skater)
Open	Intermediate B and up
Teen/Adult Learn to Figure Skate	Group Program for skaters 11 & over, focusing on Figure Skating fundamentals.
Canskate	Skate Canada's "Learn To Skate" Group Program taught by Certified Skate Canada Instructors ***All enquires email canskateinletskatingclub@gmail.com
Skating Academy	Group Program for skaters 10 & under, focusing on Figure Skating fundamentals. Audition required/Skating Director Approval
Off Ice	Classes include: Jump Rotation, Flexibility, Strength, Agility, Skating Theory, Endurance, and Cardio Conditioning